



SONOMA-MENDOCINO-LAKE  
MEDICAL ASSOCIATION



SAN FRANCISCO  
MARIN MEDICAL SOCIETY

*You and your guest are cordially invited to attend the 2024*

# Physician Wellness Leadership Awards Dinner

*Honoring individuals and programs making significant contributions  
to improving physician health and well-being*

**Friday, April 26, 2024 ▪ 6:00 P.M.**

**Sheraton Sonoma Wine Country ▪ 745 Baywood Drive, Petaluma**

*Nominations will be announced and awards presented at the dinner in recognition of:*

- Individual Wellness Leadership
- Significant Wellness Initiative
- Creating a Culture of Wellness in an Organization
- FQHC Wellness Program
- Lifetime Achievement in Wellness Work
- Rising Wellness Star

*Come celebrate with us! Highlights of the evening's activities will include:*

- ✿ **Champagne reception** hosted by sponsors and partners.
- ✿ **Wellness Expo** offering opportunity to learn about products and services that focus on wellness and self-care
- ✿ Seated, multi-course **"Food as Medicine" focused dinner** with choice of entrees. Special menu planned by Sheraton nutritionist.
- ✿ **Keynote speaker John Chuck, MD**, an esteemed family physician, teacher, author, and wellness consultant for healthcare professionals. In addition to others, Dr. Chuck has done wellness work with The Permanente Medical Group, UC Davis Health, UC San Francisco, Sutter Health, John Muir Health, Providence, Asian Health Services, and The American College of Surgeons.
- ✿ **Announcement of nominations and award presentations.**

Dinner seating is limited. You must register to attend.  
RSVP to Rachel Pandolfi at 707-525-4375 or [rachel@smlma.org](mailto:rachel@smlma.org)

**Dinner tickets NO COST for SMLMA & SFMMS members**  
**Guests of members \$50 • Nonmembers \$165**

## PROGRAM SPONSORED BY:



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